

Members Duathlon Race 1 - Sunday 8th February 2015

Position	Race Number	Forename	Surname	Category	Position in Category	Run 1	T1	Bike	T2	Run 2	Overall	Triathlon Club
1	30	Donal	Mulligan	M	1	00:10:55	00:00:25	00:24:16	00:00:33	00:06:34	00:42:43	Longford
2	1	Adrian	Sheridan	M	2	00:11:50	00:00:22	00:25:20	00:00:22	00:07:02	00:44:56	Longford
3	56	Laura & Leo	Temple	Relay	1	00:14:27	00:00:12	00:22:11	00:00:14	00:08:13	00:45:17	Longford
4	41	Gary	Jones	M	3	00:12:06	00:00:55	00:26:06	00:00:34	00:07:37	00:47:18	Longford
5	48	Juraj	Karcak	M	4	00:12:03	00:00:24	00:29:46	00:00:21	00:07:23	00:49:57	Longford
6	52	Kenneth	Smith	M	5	00:11:42	00:00:49	00:29:55	00:00:35	00:06:59	00:50:00	Longford
7	83	Pauric	Cullen	M	6	00:13:12	00:00:52	00:27:14	00:00:39	00:08:14	00:50:11	Longford
8	97	Sinead	Nolan	F	1	00:13:12	00:00:48	00:31:42	00:00:36	00:07:52	00:54:10	Longford
9	92	Seamus	Murtagh	M	7	00:13:39	00:01:19	00:30:41	00:01:00	00:08:10	00:54:49	Longford
10	61	Maeve	Johnston	F	2	00:14:38	00:00:25	00:30:32	00:00:21	00:08:54	00:54:50	Longford
11	33	Emmet	Ryan	M	8	00:12:57	00:00:33	00:32:57	00:00:25	00:08:02	00:54:54	Longford
12	18	Ciaran	Walsh	M	9	00:16:02	00:00:46	00:31:05	00:00:38	00:10:06	00:58:37	Longford
13	66	Mary	O Reilly	F	3	00:14:57	00:00:42	00:34:20	00:00:28	00:09:01	00:59:28	Longford
14	45	Joe	Duffy	M	10	00:15:02	00:00:57	00:34:05	00:01:10	00:09:05	01:00:19	Longford
15	103	Ray	Brogan	M	11	00:17:07	00:02:12	00:39:43	00:00:58	00:10:18	01:10:18	Longford
16	27	Declan	Hyland	F	4	00:14:22	00:01:07	00:44:35	00:00:56	00:09:21	01:10:21	Longford