TRIATHLON IRELAND
Guest participant sign-on sheet
(for use by a Triathlon Ireland affiliated club only)

Club Name ('the Club'): **Longford Triathlon Club**

Acknowledgement, Waiver and Release from Liability (AWRL)

I agree and acknowledge that participation in or observation of sport could constitute a risk of serious injury to myself, including permanent paralysis or death. I hereby assume any and all risks of participation in or observation of the session. I voluntarily and knowingly recognise, accept and assume this risk and warrants to the Club, Triathlon Ireland and its Associates that I am physically fit, able to compete in the session without risking serious injury, including permanent paralysis or death, and I have not been advised against such participation or observation by a qualified health professional.

Furthermore, I hereby release the Club, Triathlon Ireland, their Associates, their Sponsors, Officials and Agents from any liability arising from my participation. I agree that neither the Club, Triathlon Ireland nor its Associates shall be, nor be deemed to be, responsible or liable (whether in contract, or in tort, or under any statute whatsoever), for any injury, illness or other mishap to myself or my property, sustained in, or arising from or out of, or in any way directly or indirectly connected with this training session.

By signing below you are accepting the above AWRL in its entirety.

Reminder: Guest may only attend a maximum of 3 sessions before being required to join.

The club Secretary should retain this form for club and TI records.

Date	Training session ('the Session')

Print Name	Phone Number or email	Signature	Fee Paid

Print Name	Phone Number or email	Signature	Fee Paid

https://forms.office.com/r/Jj6ywmZ3Hq